

# ROUTE



## LUNCH

12 PM - 5 PM



### SALAD DEALS

SMALL - SINGLE 6.45 - TWO 7.95  
LARGE - THREE 11.95 - FOUR 13.45

### LUNCH DEALS

CHOOSE A MAIN & TWO SALADS 14.95 <sup>📍</sup>  
CHOOSE A MAIN & THREE SALADS 15.95

### SALAD OPTIONS

#### Aubergine

Beetroot hummus,  
crispy onion, dill  
pomegranate

V/DF/NF

#### Beetroot & Sweet Potato

Feta cheese, walnut,  
honey, dill, paprika,  
turmeric, molasses  
pomegranate

V/GF

#### Carrot

Smoked Tahini, crispy  
onion coriander,  
sesame, paprika

VEGAN, DF, NF

#### Barley

Parsley, spring  
onion, mix peppers,  
pomegranates

VEGAN, DF, NF

#### Green Beans & Baby Potato

Mixed Olives, mint, dill,  
white sesame, parsley,  
mustard, vinegar,  
rocket marinade,

VEGAN, DF, GF, NF

#### Fennel & Apple

Radish, mint, parsley,  
dill, fennel seeds

VEGAN, DF, GF, NF

### MAIN OPTIONS

#### Lasagne / 10.5 <sup>📍</sup>

Roasted aubergine,  
courgette, spinach,  
chargrilled red peppers  
V/NF

#### Filo pie / 8

Please ask a member  
of staff for the filo pie  
of the day

V

#### Frittata / 8

Red pepper, egg,  
spinach, roasted potato,  
onion, feta cheese,  
served with mint &  
parsley yoghurt

V/GF/NF

#### Pulled Lamb / 12.5 <sup>📍</sup>

Served with roasted  
sweet potato &  
sumac onion

DF/GF/NF

#### Soup of the Day / 7

Served with artisan bread

#### Baked Salmon / 12

Sweet chilli glaze,  
capers, served with  
dill mayonnaise

GF/NF/DF

#### Chicken Meatballs / 11.5 <sup>📍</sup>

Lentils, tomato, potato  
Tunisian spices,  
yoghurt, served with  
pita

#### Sandwiches / 7

Ask a member of staff  
for the sandwiches  
today on the counter.

#### Chickpea

#### Sweet Potato / 10

Roasted sweet  
potato, chickpeas &  
tomato salsa, pine  
nuts with tahini

V/VG/DF/GF

### PITAS & BURGERS

#### Filled pittas / 12 <sup>📍</sup>

**Grilled chicken**, pickled cabbage,  
red pepper rocket, halloumi, mint yoghurt  
served with skin on chips - NF

OR

**Pulled lamb**, pickled cabbage, rocket, sumac  
onion served with skin on chips - DF/NF

#### Route Beef burger / 12

with skin on chips

DF/NF

Add **cheese** / 0.5

Add **bacon** / 1

#### Vegan kofte burger / 12

Crispy fried kofte made from bulgur,  
lentil & sweet potato in a brioche bun,  
with vegan garlic mayo & skin on chips

V/VG/DF/NF

### HOMEMADE CAKES

ALL AT 3.9

Orange & pomegranate <sup>📍</sup>  
V/GF

Beetroute, avocado & chocolate  
V/VG/DF

Olive oil & rosemary  
V/GF

Banana, caramel & hazelnut  
V

Chocolate chip & mandarin  
V/GF

Lemon & blueberry <sup>📍</sup>  
V/VG/DF/NF

Carrot & walnut  
V

Chocolate brownie <sup>📍</sup>  
V/NF