

# ROUTE

## LUNCH

### SALADS

SMALL - SINGLE 5.95 - TWO 7.45  
LARGE - THREE 10.95 - FOUR 12.45

#### AUBERGINE

Beetroot hummus, pomegranates, crispy onion,  
**VEGAN, DF, NF**

#### BROCCOLI

Sugar snaps, baby spinach, orange zest, black sesame, dill, white vinegar, orange dressing  
**VEGAN, DF, GF, NF**

#### CARROT

Red pepper, celery, spring onion, coriander, lemon, wholegrain mustard  
**VEGAN, DF, GF, NF**

#### WHITE QUINOA

Dry cranberry, red pepper, parsley, spring onion, pomegranates, lemon  
**VEGAN, DF, GF, NF**

#### BEETROUTE & APPLE

Celery, dill, fennel seeds, pomegranates, mint vinaigrette  
**VEGAN, DF, GF, NF**

#### PEACH

Mint and parsley marinade, pomegranate seeds, dill, pomegranate molasses  
**VEGAN, DF, GF, NF**

#### SWEET POTATO

Balsamic glaze, red chilli, tahini, chickpeas, spring onion dressing  
**VEGAN, DF, GF, NF**

#### GREEN BEANS

Mixed Olives, mint, dill, white sesame, mustard, white wine vinegar, shallot & rocket marinade, parsley  
**VEGAN, DF, GF, NF**

CHOOSE A MAIN & TWO SALADS 13.95  
CHOOSE A MAIN & THREE SALADS 14.95

## MAINS

#### LASAGNE / 9.5

Roasted aubergine, courgette, spinach, chargrilled red peppers  
**V/NF**

#### QUESADILLA OF THE DAY / 9

Served with crushed avocado. Vegan option available upon request.

#### PULLED LAMB / 10.5

Served with roasted sweet potato & sumac onion  
**DF/GF/NF**

#### FILO PIE / 7.5

Please ask a member of staff for the filo pie of the day

#### BAKED SALMON / 10

Sweet chilli glaze, capers, served with dill mayonnaise  
**GF/NF**

#### CHICKEN LEG / 9.5

Lemon, tarragon, shallots, artisan bread  
**DF/NF**

#### CHICKPEA SWEET POTATO / 9

Roasted sweet potato, chickpeas & tomato salsa, pine nuts with tahini  
**V/VG/DF/GF**

#### FRITTATA / 7.5

Red pepper, egg, spinach, roasted potato, onion, feta cheese, served with mint & parsley yoghurt  
**V/GF/NF**

#### CHICKEN MEATBALLS / 10

Lentils, tomato, Tunisian spices, yoghurt, served with flatbread

#### VEGAN KOFTE / 9.5

Bulgur, lentil & sweet potato kofte with cumin, garlic and bread crumbs served on lentil, carrot, spinach and mushroom stew with coconut milk  
**V/VG/DF/NF**

#### SOUP / 6.5

Ask a member of staff for the soup today. Served with artisan bread

## PITAS & BURGERS

#### FILLED PITTAS / 10.95

**Grilled chicken**, pickled cabbage, red pepper rocket, halloumi, mint yoghurt served with skin on chips - **NF**

**Pulled lamb**, pickled cabbage, rocket, sumac onion served with skin on chips - **DF/NF**

**Jackfruit**, pickled cabbage, rocket, sumac onion served with skin on chips - **V/VG/DF/NF**

#### ROUTE BEEF BURGER / 10.95

with skin on chips  
**DF/NF**

Add **cheese** / 0.5  
Add **bacon** / 1

#### VEGAN KOFTE BURGER / 10.95

Crispy fried kofte made from bulgur, lentil & sweet potato in a brioche bun, with vegan garlic mayo & skin on chips  
**V/VG/DF/NF**

## HOMEMADE CAKES

ALL AT 3.9

ORANGE & POMEGRANATE  
**V/GF**

LEMON & BLUEBERRY  
**V/VG/DF/NF**

BEETROUTE, AVOCADO & CHOCOLATE  
**V/VG/DF**

CHOCOLATE CHIP & MANDARIN  
**V/GF**

OLIVE OIL & ROSEMARY  
**V/GF**

CARROT & WALNUT  
**V**

BANANA, CARAMEL & HAZELNUT  
**V**

CHOCOLATE BROWNIE  
**V/NF**

A discretionary service charge of 12.5% will be added to your bill

Please ask a member of the team for allergen advice